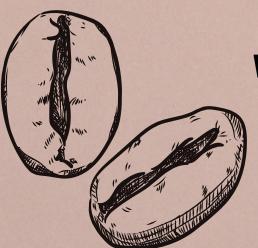




SOCIAL PRESCRIBING COFFEE MORNING

This could include but not limited to:

- Loneliness and isolation
- Mental health
- Community services
- Benefits
- Debt management
- Volunteering
- Housing



Social prescribing is a person centred approach focusing on what matters to you. We can support with signposting and accessing organisations and services that could benefit your current situation...

Where: Chester Green Community Room, Darley Playing Fields, Chester Green DE1 3SA When: The first Monday of every month Time: 10:00 - 11:00 Who: Anyone, just drop in

For more information contact Sarah Green on 07930 088762 or email sarah.green@communityactionderby.org.uk