# THE WILSON STREET WORD MAY 2023

#### <u>NEWS</u>

Launch of Wilson Street Surgery Newsletter! We've decided to start this newsletter to keep our patients up to date with current health issues and changes at the surgery. The newsletter will arrive monthly via text message to all patients who receive text messages.

Wilson Steet Surgery PPG Reforms! After five years without a Patient Participation Group, a new group has started meeting. If you're interested in getting involved, get in touch!

Building Works Complete! Two new clinical rooms at Wilson Street have been completed, which should allow us to accommodate more staff!

...But roadworks continue! You man need to allow a little more time to get to Wilson Street due to the works in the city centre

### HAYFEVER ADVICE

It's finally Spring! But while the weather is improving, the pollen count is rising!

Hayfever can cause a number of symptoms including fatigue, headache, earache, loss of smell, sneezing and runny nose, itchy watery eyes and general itching

**Avoid** freshly cut grass, spending long periods outside, fresh flowers in the house and clothes dried outside

**Do** try putting Vaseline around your nose, close windows, shower when you come in

Your pharmacist can advise on treatment!

### STAFFING UPDATE

There have been a lot of changes at Wilson Street in the past four years! We now have 8 GPs, but we have far more other staff who can help you, and who you might be booked with if appropriate. These are:

Advanced Clinical Practitioners who can manage most of the same things a GP can

A paramedic and physicians associate for minor illness

A mental health worker

First Contact Physiotherapists to provide next-day access to physiotherapy

## AND FINALLY...

Remember, you will find it easier to order your repeat prescriptions online, and you can book online appointments as well. To find out how, just give us a call!